### **Psychologists**

## Work Sample Guidelines for The Oral Exam

#### **Deciding Which Work Samples to Submit**

Select work samples based on what type of work you plan on doing the next three years following licensure. If there are practice domains in which you believe you are competent, but are not going practice in the near future, you may choose not declare them. In the future when you decide to practice in those domains, you would provide work samples and request to expand your domains of expertise. For example, at the time of your oral examination you declare competency only in adult psychotherapy. Five years in the future, your employer wants you to conduct psychological evaluations. You would appeal to the Board to expand your domains of expertise to include psychological testing and submit pertinent work samples.

#### At Least Three Work Samples Are Required

The oral exam will focus on your work samples and your ability to demonstrate competency in the practice domains you have selected on the Demonstrable Competency Form.

## Assessment Only

#### **Assessment Work Samples**

An assessment work sample should contain at least [a] Referral Information including purpose of evaluation, [b] comprehensive patient medical and psychological history, [c] record review, [d] a list of psychological tests that were administered, [e] a validity statement, [f] tables of test results, including T-scores, etc., but **not RAW SCORES**, [g] interpretation and analysis of test scores, [h] diagnoses, [i] a diagnostic rationale, [j] conclusions, and [k] recommendations.

In addition, assessment reports should include presenting symptoms, a clinical interview, and a mental status examination.

## **Testing Factors to Consider**

- 1. Age Groups
- 2. Specialty Types of Evaluations

| Age Groups                              |  |
|---|--|
| Toddler (1 to 5)                        |  |
| Child (6 to 11) & Adolescent (12 to 17) |  |
| Adult (18 & up)                         |  |

### **Specialty Types of Evaluations**

**Autism** 

**Eating Disorder** 

Neuropsychological Screening

Neuropsychological Evaluations

Forensic Commitment

Forensic Custody/Visitation

Civil Forensic

**Criminal Forensic** 

Parental Suitability

Sexual Abuse Victims

Sexual Abuse Offender

| Ī | Disability |
|---|------------|
| L | Jisability |
|   | •          |
|   |            |

## **Zero Specialty Types of Evaluations**

When you plan to test patients with none of the specialty types of evaluations, oral materials will include at least three psychological evaluation reports, each with a different type of non-specialty test.

| Age Group               | Non-Specialty Psychological Evaluation Reports with examples            |
|-------------------------|---|
| Toddler Only            | One IQ & Achievement Report   |
|                         | (WIPPSI, etc.)  |
|                         | Two Psychopathology Reports   |
|                         | (Kinetic Family Drawings, etc.)   |
|                         |   |
| Child & Adolescent Only | One IQ & Achievement Report   |
|                         | (WISC-5, etc.)  |
|                         | Two <u>Psychopathology Reports</u> (PAI-A, Sentence Completion, BASC-3, |
|                         | etc.)   |
|                         |   |
| Adults Only             | One IQ and Achievement Report   |
| •                       | Two Psychopathology Reports   |
|                         | (PAI and/or MMPI, etc.)   |
|                         |   |
|                         |   |
| Child & Adolescent      | IQ and Achievement Reports  |
| Adult                   | One Child & Adolescent  |
|                         | One Adult   |
|                         | Psychopathology Reports Child & Adolescent                              |
|                         | Child & Adolescent One Adult  |
|                         |   |
|                         | Thus, there will be <b>4</b> reports                                    |
| Toddler                 | IQ and Achievement Reports  |
| Child & Adolescent      | One Toddler   |
| Adult                   | One Child & Adolescent  |
|                         | One Adult   |
|                         | Psychopathology Reports   |
|                         | One Toddler   |
|                         | One Child & Adolescent  |
|                         | One Adult   |

Thus, there will be 6 reports

# **ONE Specialty Type of Evaluation Included**

| Age Group  | Non-Specialty Psychological Evaluation |
|--|--|
|  | <u>Reports</u>                         |
| Toddler Only   | One IQ & Achievement Report            |
|  | (WIPPSI, etc.)                         |
|  | One Psychopathology Report             |
|  | (Kinetic Family Drawings, etc.)        |
|  | One Autism Psychopathology Report      |
|  |  |
| Child & Adolescent Only  | One IQ & Achievement Report            |
|  | (WISC-5, etc.)                         |
|  | 0ne <u>Psychopathology Report</u>      |
|  | (PAI-A, Sentence Completion, BASC-3,   |
|  | etc.)                                  |
|  | One Autism Psychopathology Report      |
|  |  |
| Adult Only   | One IQ and Achievement Report          |
| , and the second | Psychopathology Reports                |
|  | One (PAI and/or MMPI, etc.)            |
|  | One <b>Eating Disorder</b> Report      |
|  |  |
|  |  |
| Child & Adolescent   | IQ and Achievement Reports             |
| Adult  | One Child & Adolescent                 |
|  | One Adult                              |
|  | Psychopathology Reports                |
|  | One Autism Child & Adolescent          |
|  | One Adult                              |
|  | Thus, there will be <b>4</b> reports   |
|  |  |
| Toddler  | IQ and Achievement Reports             |
| Child & Adolescent   | One Toddler                            |
| Adult  | One Child & Adolescent                 |
|  | One Adult                              |
|  | Psychopathology Reports                |
|  | One Toddler                            |
|  | One <i>Autism</i> Child & Adolescent   |
|  | One Adult                              |
|  | Thus, there will be 6 reports          |
|  | ,                                      |

# TWO Specialty Types of Evaluation Included

| Age Group    | Non-Specialty Psychological Evaluation |  |
|--------------|--|--|
|              | <u>Reports</u>                         |  |
| Toddler Only | One IQ & Achievement Report            |  |
| -            | (WIPPSI, etc.)                         |  |
|              | One Psychopathology Report             |  |
|              | (Kinetic Family Drawings, etc.)        |  |
|              | One Autism Psychopathology Report      |  |
|              | One Sexual Abuse Victim Psycho-        |  |
|              | pathology Report                       |  |

| Child & Adolescent Only | One IQ & Achievement Report          |
|-------------------------|--------------------------------------|
|                         | (WISC-5, etc.)                       |
|                         | 0ne Psychopathology Report           |
|                         | (PAI-A, Sentence Completion, BASC-3, |
|                         | etc.)                                |
|                         | One Autism Psychopathology Report    |
|                         | One <i>Eating Disorder</i> Report    |

| Adult Only | One IQ and Achievement Report     |
|------------|-----------------------------------|
|            | Psychopathology Reports           |
|            | One (PAI and/or MMPI, etc.)       |
|            | One <i>Eating Disorder</i> Report |
|            |                                   |

| Child & Adolescent | IQ and Achievement Reports           |
|--------------------|--------------------------------------|
| Adult              | One Child & Adolescent               |
|                    | One Adult                            |
|                    | Psychopathology Reports              |
|                    | One <u>Autism</u> Child & Adolescent |
|                    | One Adult                            |
|                    | Thus, there will be 4 reports        |

| Toddler            | IQ and Achievement Reports           |
|--------------------|--------------------------------------|
| Child & Adolescent | One Toddler                          |
| Adult              | One Child & Adolescent               |
|                    | One Adult                            |
|                    | Psychopathology Reports              |
|                    | One Toddler                          |
|                    | One <i>Autism</i> Child & Adolescent |
|                    | One <i>Eating Disorder</i> Adult     |
|                    | Thus, there will be 6 reports        |

# Psychotherapy Only

#### **Psychotherapy Work Samples**

Each psychotherapy work sample should contain at least: [a] an intake report, [b] one of the next three treatment notes, [c] a mid-term treatment note, and a discharge summary. The latter should indicate course of treatment, mental status at time of discharge, progress or lack thereof, and final diagnoses. If you did not discharge the patient, write a discharge summary as if psychotherapy were concluded and you had discharged the patient.

#### **Psychotherapy Factors to Consider**

- 1. Age Groups
- 2. Specialty-Diagnoses
- 3. Specialty Types of Psychotherapy

| Psychotherapy Age Groups |  |
|--------------------------|--|
| Toddler                  |  |
| Child and Adolescent     |  |
| Adult                    |  |

|        | Specialty-Diagnoses |                         |
|--------|---------------------|-------------------------|
| Autism |                     | <b>Eating Disorders</b> |

| Specialty Types of Psychotherapy      |                |  |
|---------------------------------------|----------------|--|
| Group Therapy Couples-Marital Therapy |                |  |
| Substance Abuse                       | Family Therapy |  |

## Zero Specialty-Diagnoses Example for One Age Group

| Adult                                 | Three Psychotherapy Work      |
|---------------------------------------|-------------------------------|
|                                       | Samples each with a Different |
|                                       | Diagnosis - examples          |
| When you plan to treat adult patients |                               |
| with none of the specialty-           | 1. Bipolar                    |
| diagnoses, oral materials will        | 2. Anxiety                    |
| include three psychotherapy work      | 3. PTSD                       |
| samples, each with a different        |                               |
| non-specialty diagnosis.              |                               |
|                                       |                               |

| Toddler                             | Three Psychotherapy Work      |
|-------------------------------------|-------------------------------|
| Child and Adolescent                | Samples each with a Different |
|                                     | Diagnosis - examples          |
| When you plan to treat these        |                               |
| patients with none of the specialty | 1. Depression                 |
| diagnoses, oral materials will      | 2. Social Anxiety             |
| include three psychotherapy work    | 3. Phobia                     |
| samples, each with a different      |                               |
| non-specialty diagnosis.            |                               |
|                                     |                               |

## One Specialty Diagnosis Example for One Age Group

|   | Three Psychotherapy Work       |
|---|--------------------------------|
| Adult Only                              | Samples Including One          |
|   | Specialty-Diagnosis - examples |
| If claiming ONE of the Specialty-       |                                |
| Diagnoses ( <u>Autism</u> for example), | 1. Depression                  |
| one of the three required work          | 2. Anxiety                     |
| samples would address the               | 3. <u>Autism</u>               |
| specialty-diagnosis for each age        |                                |
| group.                                  |                                |

| Toddler Child and Adolescent            | Three Psychotherapy Work Samples Including One |
|---|--|
| Only                                    | Specialty-Diagnosis - examples                 |
| If claiming ONE of the Specialty-       |  |
| Diagnoses ( <u>Autism</u> for example), | 1. Depression                                  |
| one of the three required work          | 2. Anxiety                                     |
| samples would address the               | 3. <u>Autism</u>                               |
| specialty-diagnosis for each age        |  |
| group.                                  |  |

## **Two Specialty Diagnoses Example for One Age Group**

| Adult Only   | Three Psychotherapy Work<br>Samples Including Two<br>Specialty-Diagnosis - examples |
|--|---|
| Each of the <b>TWO</b> Specialty-Diagnoses ( <u>Autism and Eating Disorders</u> ) would be addressed for each age group. | <ol> <li>Depression</li> <li>Autism</li> <li>Eating Disorder</li> </ol>             |

| Toddler, Child & Adolescent Only   | Three Psychotherapy Work<br>Samples Including Two<br>Specialty-Diagnosis - examples |
|--|---|
| Each of the <b>TWO</b> Specialty-Diagnoses ( <u>Autism and Eating Disorders</u> ) would be addressed for each age group. |   |

## One Specialty-Diagnosis Example for Two Age Groups

| Toddler, Child & Adolescent | Adult                  |
|-----------------------------|------------------------|
| 1. <u>Autism</u>            | Depression     Anxiety |

## Two Specialty Diagnoses Example for Two Age Groups

| Toddler, Child & Adolescent | Adult              |
|-----------------------------|--------------------|
| 1. <u>Autism</u>            | 2. Depression      |
|                             | 3. Eating Disorder |
|                             |                    |
|                             |                    |
|                             |                    |

### **Specialty Types of Psychotherapy**

| Specialty Types of Psychotherapy |                         |
|----------------------------------|-------------------------|
| Group Therapy                    | Couples-Marital Therapy |
| Substance Abuse                  | Family Therapy          |

If you provide any of the specialty types of psychotherapy described above, you must include one work sample for each type.

Please note that the Group Therapy treatment work sample must track one patient through the process and, as noted above, group psychotherapy work sample should contain at least: [a] an intake report, [b] one of the next three treatment notes, [c] a mid-term treatment note, and a discharge summary. The latter should indicate course of treatment, mental status at time of discharge, progress or lack thereof, and final diagnoses. If you did not discharge the patient, write a discharge summary as if psychotherapy were concluded and you had discharged the patient.