

## CE Seminar Announcements February 2025

### **Veterans CE's**

For CE's regarding Veterans and PTSD the following address has been provided by a psychologist working for the US Dept of Veteran Affairs

[https://www.ptsd.va.gov/professional/continuing\\_ed/continuing\\_education\\_credit.asp](https://www.ptsd.va.gov/professional/continuing_ed/continuing_education_credit.asp)

### **West Virginia ACC Guidelines – Lunch Series**

Presented by various presenters.

Every 2<sup>nd</sup> Thursday of the month starting in August – Virtually via Zoom Meeting

Contact [wvadhd@hsc.wvu.edu](mailto:wvadhd@hsc.wvu.edu)

Additional Information: <http://ce.wvu.edu/upcoming-conferences/>

Brief Description of the Course: The WVACC Guidelines are soon to be released to the public. It is a comprehensive resource for the WV clinician for the evaluation, diagnosis, and treatment of ADHD. This ongoing continuing education series will feature members of the expert panel that developed the guidelines to cover various topics relating to childhood to adult ADHD, including but not limited to the evaluation, diagnosis, and treatment (both pharmacological and nonpharmacological).

**CE hour 1 per session.**

### **Reclaiming Balance: Strategies for Burnout Prevention in Social Services**

Presented by Dr. Catherine Bailey and Dr. Jude Black

February 27, 2025 – 9:00-12:00 - Virtually

Contact [anna@wvcounseling.com](mailto:anna@wvcounseling.com)

Additional information [wvcounseling.com](http://wvcounseling.com)

Brief Description of the Course: Equip professionals with practical tools to prevent burnout, compassion fatigue, and secondary trauma. Participants will learn to identify early warning signs, build resilience, set boundaries, and manage emotional regulation

through mindfulness and stress reduction techniques. This interactive session also addresses imposter syndrome and fosters teamwork, ensuring sustainable well-being and workplace morale.